Suicide Risk Assessment And Response Guidelines

The Suicidal Crisis—Dr. Igor Galynker 2017-09-15 Most people who die by suicide see a clinician prior to taking their lives. Therefore, one of the most difficult determinations clinicians must be able to make is whether any given patient is at risk for suicide in the immediate future. The Suicidal Crisis, Clinical Guide to the Assessment of Imminent Suicide Risk, is the first book written specifically to help clinicians evaluate the risk of such imminent suicidal behavior. The Suicidal Crisis is an essential work for every mental health professional and for anyone who would like to have a framework for understanding suicide. Written by master clinician Dr. Igor Galynker, the book presents methods for a systematic and comprehensive assessment of short-term suicide risk and for conducting risk assessment interviews in different settings. Dr. Galynker describes suicide as an attempt of a vulnerable individual to escape an unbearable life situation, which is perceived as both intolerable and inescapable. What sets the Suicidal Crisis apart from the other books of its kind is its sharp focus on those at the highest risk. It presents a wealth of clinical material within the easy-to-understand and intuitive framework of the Narrative-Crisis model of suicidal behavior. The book contains sixty individual case studies of actual suicidal individuals and their interviews, detailed instructions on how to conduct such interviews, and risk assessment test cases with answer keys. A unique feature of the book, not found in any other book on suicide, is a discussion of how clinicians' emotional responses to acutely suicidal individuals may help identify those at highest risk. In this timely, thorough, and well-written
monograph, Dr. Galynker provides a method for understanding the suicidal process and of identifying those at the highest risk for taking their lives. Any clinician who works with suicidal individuals-and anybody who knows someone who has considered suicide-will find the book an essential and illuminating read.

Suicide Risk-William J. Fremouw 1990

A Clinician’s Guide to Suicide Risk Assessment and Management-Joseph Sadek 2018-11-18 This book offers mental health clinicians a comprehensive guide to assessing and managing suicide risk. Suicide has now come to be understood as a multidimensionally determined outcome, which stems from the complex interaction of biological, genetic, psychological, sociological and environmental factors. Based on recent evidence and an extensive literature review, the book provides straightforward, essential information that can easily be applied in a wide variety of disciplines.

Suicide Risk Management-Sonia Chehil 2012-01-30 This highly practical book explains how to identify and manage suicidal individuals and supports the health professional in assisting the patient to choose life rather than death.


Philosophy of Life Questionnaire-Paul R. Bessette 1995

Suicide in Schools-Terri A. Erbacher 2014-11-20 Suicide in Schools provides school-based professionals with practical, easy-to-use guidance on developing and implementing effective suicide prevention, assessment, intervention and postvention strategies. Utilizing a multi-level systems approach, this book includes step-by-step guidelines for developing crisis teams and prevention programs, assessing and intervening with suicidal youth, and working with families and community organizations during and after a suicidal crisis. The authors include detailed case examples, innovative approaches for professional practice, usable handouts,
and internet resources on the best practice approaches to effectively work with youth who are experiencing a suicidal crisis as well as those students, families, school staff, and community members who have suffered the loss of a loved one to suicide. Readers will come away from this book with clear, step-by-step guidelines on how to work proactively with school personnel and community professionals, think about suicide prevention from a three-tiered systems approach, how to identify those who might be at risk, and how to support survivors after a traumatic event—all in a practical, user-friendly format geared especially for the needs of school-based professionals.

The Suicidal Crisis—Igor Galynker 2017-09-19 Most people who die by suicide see a clinician prior to taking their lives. Therefore, one of the most difficult determinations clinicians must be able to make is whether any given patient is at risk for suicide in the immediate future. The Suicidal Crisis, Clinical Guide to the Assessment of Imminent Suicide Risk, is the first book written specifically to help clinicians evaluate the risk of such imminent suicidal behavior. The Suicidal Crisis is an essential work for every mental health professional and for anyone who would like to have a framework for understanding suicide. Written by master clinician Dr. Igor Galynker, the book presents methods for a systematic and comprehensive assessment of short-term suicide risk and for conducting risk assessment interviews in different settings. Dr. Galynker describes suicide as an attempt of a vulnerable individual to escape an unbearable life situation, which is perceived as both intolerable and inescapable. What sets the Suicidal Crisis apart from the other books of its kind is its sharp focus on those at the highest risk. It presents a wealth of clinical material within the easy-to-understand and intuitive framework of the Narrative-Crisis model of suicidal behavior. The book contains sixty individual case studies of actual suicidal individuals and their interviews, detailed instructions on how to conduct such interviews, and risk assessment test cases with
answer keys. A unique feature of the book, not found in any other book on suicide, is a discussion of how clinicians' emotional responses to acutely suicidal individuals may help identify those at highest risk. In this timely, thorough, and well-written monograph, Dr. Galynker provides a method for understanding the suicidal process and of identifying those at the highest risk for taking their lives. Any clinician who works with suicidal individuals - and anybody who knows someone who has considered suicide - will find the book an essential and illuminating read.

Relational Suicide Assessment: Risks, Resources, and Possibilities for Safety-Douglas Flemons 2013-04-22 A relational approach to evaluating your suicidal clients. Given the isolating nature of suicidal ideation and actions, it’s all too easy for clinicians conducting a suicide assessment to find themselves developing tunnel vision, becoming overly focused on the client’s individual risk factors. Although critically important to explore, these risks and the danger they pose can’t be fully appreciated without considering them in relation to the person’s resources for safely negotiating a pathway through his or her desperation. And, in turn, these intrapersonal risks and resources must be understood in context—in relation to the interpersonal risks and resources contributed by the client’s significant others. In this book, Drs. Douglas Flemons and Leonard M. Gralnik, a family therapist and a psychiatrist, team up to provide a comprehensive relational approach to suicide assessment. The authors offer a Risk and Resource Interview Guide as a means of organizing assessment conversations with suicidal clients. Drawing on an extensive research literature, as well as their combined 50+ years of clinical experience, the authors distill relevant topics of inquiry arrayed within four domains of suicidal experience: disruptions and demands, suffering, troubling behaviors, and desperation. Knowing what questions to ask a suicidal client is essential, but it is just as important to know how to ask questions and how to join
through empathic statements. Beyond this, clinicians need to know how to make safety decisions, how to construct safety plans, and what to include in case note documentation. In the final chapter, an annotated transcript serves to tie together the ideas and methods offered throughout the book. Relational Suicide Assessment provides the theoretical grounding, empirical data, and practical tools necessary for clinicians to feel prepared and confident when engaging in this most anxiety-provoking of clinical responsibilities.

Suicidal Behaviour: Assessment of People-At-Risk provides a psychometric analysis of various aspects associated with suicidal risk assessment to understand the suicidal personality and predict suicidal behaviour. It includes articles by experts in the field covering suicide research carried out globally. The collection is divided into two sections—the first focuses on the theoretical issues and the second on the applied and practical issues related to suicidal behaviour among specific populations. The main features of the articles include: - the diverse aspects of the problem in various socio-cultural contexts - prevention strategies, along with analyses of varied paradigms of suicidal behaviour, for the benefit of mental health practitioners and researchers - a focussed discussion on specific population - a comprehensive review of research in the field - reviews of suicide risk assessment tools The discussion begins with a contextualisation of the psychological factors implicated in the aetiology of suicidal behaviour with the help of a biopsychosocial model and is followed by an empirical analysis. The theoretical issues are then examined from various perspectives. This compilation will serve as a supplementary reader for students of psychology, psychiatry, psychiatric social work and counselling. It will also be useful for mental health professionals as well as those undertaking research on suicide.

Suicide Assessment and Treatment Planning—John Sommers-
This practical guide provides a holistic, wellness-oriented approach to understanding suicide and working effectively with clients who are suicidal. John and Rita Sommers-Flanagan’s culturally sensitive, seven-dimension model offers new ways to collaboratively integrate solution-focused and strengths-based strategies into clinical interactions and treatment planning with children, adolescents, and adults. Each chapter contains diverse case studies and key practitioner guidance points to deepen learning in addition to a wellness practice intervention to elevate mood. Personal and professional self-care and emotional preparation techniques are emphasized, as are ethical issues, counselor competencies, and clinically nuanced skill building.

“This engaging book provides considerable insight into the dynamics around suicide, the emotional distress involved, and how counselors can best assist clients while also focusing on their own health and wellness. The Sommers-Flanagan’s strengths-based approach will allow practitioners to connect with their clients and offer understanding and hope when they are most needed.” —Kelly Duncan, PhD, LPC ACES Executive Director

“I will read anything that the Drs. Sommers-Flanagan write. This book, however, is one where I took my time and savored each page. Why? Because suicide is emotionally charged, societally and individually taboo, scary, and near the top of the list of more common and feared client experiences. This book treats suicide assessment and treatment in an intelligent, thoughtful, and practical way for clients and clinicians. It humanizes suicidal ideation and, in doing so, helps the reader better understand how to truly care for those in distress.” —Matt Englar-Carlson, PhD

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John Sommers-Flanagan, PhD, is a professor of counseling at the University of Montana and the author or coauthor of more than 100 professional publications. Rita Sommers-Flanagan, PhD, is a professor emerita of counseling at the University of Montana. She is a psychologist, poet, blogger, and the author or coauthor of...
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Brief Cognitive-Behavioral Therapy for Suicide Prevention-Craig J. Bryan 2018-08-17 An innovative treatment approach with a strong empirical evidence base, brief cognitive-behavioral therapy for suicide prevention (BCBT) is presented in step-by-step detail in this authoritative manual. Leading treatment developers show how to establish a strong collaborative relationship with a suicidal patient, assess risk, and immediately work to establish safety. Proven interventions are described for building emotion regulation and crisis management skills and dismantling the patient's suicidal belief system. The book includes case examples, sample dialogues, and 17 reproducible handouts, forms, scripts, and other clinical tools. The large-size format facilitates photocopying; purchasers also get access to a Web page where they can download and print the reproducible materials.

Working with Suicidal Individuals-Tony White 2011 Working with Suicidal Individuals provides a comprehensive guide to understanding suicide, the assessment of risk, and the treatment and management of suicidal individuals. It covers the theory behind suicidal behaviour, using Transactional Analysis to explore the personality types of suicidal individuals and to understand their motivations.


Reducing Suicide-Institute of Medicine 2002-10-01 Every year, about 30,000 people die by suicide in the U.S., and some 650,000 receive emergency treatment after a suicide attempt. Often, those most at risk are the least able to access professional help. Reducing Suicide provides a blueprint for addressing this tragic
and costly problem: how we can build an appropriate infrastructure, conduct needed research, and improve our ability to recognize suicide risk and effectively intervene. Rich in data, the book also strikes an intensely personal chord, featuring compelling quotes about people’s experience with suicide. The book explores the factors that raise a person’s risk of suicide: psychological and biological factors including substance abuse, the link between childhood trauma and later suicide, and the impact of family life, economic status, religion, and other social and cultural conditions. The authors review the effectiveness of existing interventions, including mental health practitioners’ ability to assess suicide risk among patients. They present lessons learned from the Air Force suicide prevention program and other prevention initiatives. And they identify barriers to effective research and treatment. This new volume will be of special interest to policy makers, administrators, researchers, practitioners, and journalists working in the field of mental health.

Risk Management with Suicidal Patients-Bruce Bongar
1999-07-16 How does the law define "reasonable care" in the treatment of suicidal patients? What are the most clinically and legally appropriate procedures for evaluating and managing suicide risks? And what forms of precautionary planning and documentation are recommended for minimizing the likelihood of malpractice actions? Drawing upon years of clinical experience as well as extensive malpractice claims data and relevant case law, this book outlines effective assessment, management, and treatment procedures that balance the need for high-quality care with the requirements of court-determined and statutory standards. Three widely cited papers on standards of care are accompanied by four new chapters on clinical and legal risk management and issues surrounding pharmacotherapy. Offering frank, balanced coverage of an extremely challenging clinical situation, Risk Management with Suicidal Patients helps
psychologists, psychiatrists, and other practitioners develop their own clinically and legally informed strategies for providing the best possible care. It is also an invaluable resource for legal professionals, and may serve as a text in psychology and psychiatry ethics courses and courses on mental health law. The American Psychiatric Publishing Textbook of Suicide Assessment and Management—Robert I. Simon 2007-04-02
Providing clinically useful information for mental health professionals encountering patients at risk, The American Psychiatric Publishing Textbook of Suicide Assessment and Management calls on the authority of 40 expert contributors reflecting a wide range of clinical and forensic experience. Preventing Suicide—Who 2015-01-31 "Suicides are preventable. Even so, every 40 seconds a person dies by suicide somewhere in the world and many more attempt suicide. Suicides occur in all regions of the world and throughout the lifespan. Notably, among young people 15-29 years of age, suicide is the second leading cause of death globally. Suicide impacts on the most vulnerable of the world's populations and is highly prevalent in already marginalized and discriminated groups of society. It is not just a serious public health problem in developed countries; in fact, most suicides occur in low- and middle-income countries where resources and services, if they do exist, are often scarce and limited for early identification, treatment and support of people in need. These striking facts and the lack of implemented timely interventions make suicide a global public health problem that needs to be tackled imperatively. This report is the first WHO publication of its kind and brings together what is known in a convenient form so that immediate actions can be taken. The report aims to increase the awareness of the public health significance of suicide and suicide attempts and to make suicide prevention a higher priority on the global public health agenda. It aims to encourage and support countries to develop or strengthen comprehensive suicide prevention strategies in a multisectoral
public health approach. For a national suicide prevention strategy, it is essential that governments assume their role of leadership, as they can bring together a multitude of stakeholders who may not otherwise collaborate. Governments are also in a unique position to develop and strengthen surveillance and to provide and disseminate data that are necessary to inform action. This report proposes practical guidance on strategic actions that governments can take on the basis of their resources and existing suicide prevention activities. In particular, there are evidence-based and low-cost interventions that are effective, even in resource-poor settings. This publication would not have been possible without the significant contributions of experts and partners from all over the world. We would like to thank them for their important work and support. The report is intended to be a resource that will allow policy-makers and other stakeholders to make suicide prevention an imperative. Only then can countries develop a timely and effective national response and, thus, lift the burden of suffering caused by suicide and suicide attempts from individuals, families, communities and society as a whole."--Preface, page 03.

Child and Adolescent Suicidal Behavior, Second Edition-David N. Miller 2021-06-15 This comprehensive resource--now revised and expanded--provides school practitioners with an evidence-based framework for preventing and effectively responding to youth suicidal behavior. David N. Miller guides readers to understand, screen, and assess for suicide risk in students in grades K–12. He presents collaborative strategies for intervening appropriately within a multi-tiered system of support. The book also shows how to develop a coordinated plan for postvention in the aftermath of a suicide, offering specific do's and don'ts for supporting students, parents, and school personnel. User-friendly tools include reproducible handouts; the book's large-size format facilitates photocopying. Purchasers get access to a Web page where they can download and print the reproducible materials.
New to This Edition *Chapter on the roles and responsibilities of the school-based suicide prevention team. *Significantly revised coverage of screening and suicide risk assessment. *Situates prevention and intervention within a schoolwide multi-tiered system of support. *Updated throughout with current data, practical recommendations, and resources.

The Mental Health Desk Reference-Elizabeth Reynolds Welfel 2004-01-05 A practical, easy-to-use, and comprehensive reference for mental health professionals The Mental Health Desk Reference is the ultimate guide to effective and responsible mental health practice. It provides authoritative, concise, and up-to-date information from more than seventy experts regarding diagnosis, treatment, and ethics of practice. Each entry summarizes key constructs and terminology associated with the topic, major findings from research, and specific recommendations on theory and practice. Important topics covered include: * Adjustment disorders and life stress * Diagnosis and treatment of adults * Diagnosis and treatment of children * Crisis intervention * Diverse populations * Group and family interventions * Practice management * Professional issues * Ethical and legal issues * Professional resources These detailed, readable entries-based on the most extensive and reliable research available-form a comprehensive, straightforward, and quick-reference resource applicable to practitioners across every field in mental health. The Mental Health Desk Reference is the single resource no mental health professional can afford to be without.

Managing Suicide Risk in Primary Care-Craig J. Bryan, PsyD 2010-11-19 "Primary care is the new frontier for preventing suicide and Bryan and Rudd are its pioneers, offering wisdom and guidance based on their experience in bridging behavioral health care to the primary health care setting. This is a truly significant reference." Lanny Berman, PhD, ABPP Executive Director, American Association of Suicidology President, International
Association for Suicide Prevention "In their pragmatic and useful book titled Managing Suicide Risk in Primary Care, Bryan and Rudd provide an essential reference guide for health care professionals working in primary care settings."--PsycCRITIQUES "This book offers a comprehensive approach that can help the physician become competent to assess and intervene with suicidal risk as well as lessen his or her anxiety when dealing with patients at suicide risk. Needless to say, this can be a life and death matter for some patients... One of the great strengths of this book is how they have adapted insights and interventions from traditional mental health care for the uniqueness of primary care... I highly recommend this book for any professional working in primary care. It will be taken off the shelf for reference and reviewed many times in the course of a career."--Family Medicine Journal Roughly forty-five percent of individuals who commit suicide make contact with a primary medical provider in the month prior to their death; nearly twenty percent make contact within one day of their death. This practical guide demonstrates how the primary care setting—an increasingly important provider of mental health treatment—can be an effective place for preventing suicide and providing ameliorative care. Firmly grounded in the clinical realities of primary care, Bryan and Rudd address the key issues that often plague behavioral health consultants (BHCs) in such settings where appointments are brief, patient contact is limited, and decision making and treatment are collaborative. They offer effective strategies for BHCs to manage patients across a suicidal crisis beginning with the development of procedures prior to crisis, steps to take during a crisis, planning for post-crisis care, transition to specialty mental health facilities, and legal issues. Key Features: Targets techniques for suicide assessment and prevention in primary care settings Addresses the clinical realities of working in a primary care setting and how to adapt them to the needs of suicidal patients Covers clinical protocols, legal issues, and risk
management Discusses the formation of collaborative relationships with patients and staff Provides brief interventions with suicidal patients and post-crisis strategies Written by leading specialists in behavioral health, primary care, and suicidology Suicide Risk Factors and Risk Assessment Tools-U. S. Department of Veterans Affairs 2013-05-23 Suicide is a major public health concern in the United States (US), claiming over 36,000 lives each year and nearly 100 lives each day, and suicide among military and Veteran populations is of particular concern. Veterans returning from the Iraq and Afghanistan conflicts, referred to as Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) Veterans, may be particularly at risk, although the limited available data has shown mixed results. Several aspects of military experience may increase the risk of suicide, including mental health and substance abuse. Many risk factors specific to the OEF/OIF population have yet to be thoroughly evaluated and incorporated into clinical management. Ideally, suicide risk assessment tools need to account for the relationship among different risk factors and identify risk factors or combinations of risk factors that are particularly associated with suicidal self-directed violence. To be practically useful, such tools will be brief enough to be conducted in a primary care setting and will identify a threshold beyond which preventive action should be taken. Risk assessment tools should be able to discriminate those at high- and low-risk for suicidal self-directed violence. Likewise, studies of emerging risk factors need to evaluate the contribution of a new potential predictor of suicide and self-directed violence in the context of known risk factors in order to weigh the contribution of the new risk factor against those that are currently known. The objective of this report is to review recent evidence about risk factors and risk assessment tools within Veteran and military populations to provide evidence for clinical practice guideline development specific to these populations. The key questions addressed in this report were: Key
Question #1. What assessment tools are effective for assessing risk of engaging in suicidal self-directed violence in Veteran and military populations? Key Question #2. In addition to the risk factors included by current assessment tools, what other risk factors predict suicidal self-directed violence in Veteran and military populations?

Living with Risk-Langan, Joan 2004-04-07 This report explores risk assessment and risk management for people being discharged from psychiatric hospital. It breaks new ground by asking service users about their views and experiences. It also includes information about the harm that service users experienced and explores the perspectives of mental health workers, relatives and friends.

Treating Child and Adolescent Depression-Joseph M. Rey 2012-03-29 This book is a practical and authoritative guide to diagnosis and treatment of child and adolescent depression in various clinical settings, health care systems, and cultures. Emphasis is placed on evidence-based precepts for treatment. The contributors address current controversies surrounding the potential risks of medications in children and discuss other biological treatments and psychotherapies. Key take-home points are listed at the end of each chapter. Flow charts and tables summarize treatment recommendations, and tables summarize evidence of effectiveness and quality of evidence. Also included are lists of other resources for clinicians, patients, and families.

Case Conceptualization-Len Sperry 2020-05-27 Integrating recent research and developments in the field, this revised second edition introduces an easy-to-master strategy for developing and writing culturally sensitive case conceptualizations and treatment plans. Concrete guidelines and updated case material are provided for developing conceptualizations for the five most common therapy models: Cognitive-Behavioral Therapy (CBT), Psychodynamic, Biopsychosocial, Adlerian, and Acceptance and Commitment Therapy. The chapters also include specific
exercises and activities for mastering case conceptualization and related competencies and skills. Also new to this edition is a chapter on couple and family case conceptualizations, and an emphasis throughout on trauma. Practitioners, as well as graduate students in counseling and in clinical psychology, will gain the essential skills and knowledge they need to master case conceptualizations.

American Psychiatric Association Practice Guidelines-American Psychiatric Association 1996 The aim of the American Psychiatric Association Practice Guideline series is to improve patient care. Guidelines provide a comprehensive synthesis of all available information relevant to the clinical topic. Practice guidelines can be vehicles for educating psychiatrists, other medical and mental health professionals, and the general public about appropriate and inappropriate treatments. The series also will identify those areas in which critical information is lacking and in which research could be expected to improve clinical decisions. The Practice Guidelines are also designed to help those charged with overseeing the utilization and reimbursement of psychiatric services to develop more scientifically based and clinically sensitive criteria.

Harm to Others-Brian Van Brunt 2014-12-16 Harm to Others offers students and clinicians an effective way to increase their knowledge of and training in violence risk and threat assessment, and it also provides a comprehensive examination of current treatment approaches. Although the text includes many examples from K-12 and college/university settings, which are particularly relevant for mental health professionals in school settings, the underlying concepts and suggestions are useful for counselors, psychologists, and social workers who face these issues in their daily practice. In an easy-to-understand, jargon-free manner, Dr. Van Brunt shares his observations, extensive clinical expertise, and the latest research on what clinicians should be aware of when performing risk and threat assessments. In addition, he
offers numerous examples from recent mass shootings and
rampage violence to help explain the motivations and risk factors
of those who make threats. Two detailed case examples are
presented to illustrate key concepts related to assessing
dangerousness. Treatment options are then described, using a
variety of diverse case studies to demonstrate concrete
approaches for clients who have been identified as at risk for
violence following a threat assessment. *Requests for digital
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Understanding Suicide-James R Rogers 2010-02 A provocative
look at research and practice in suicide prevention - a must read
for all concerned.

Ethics in Psychotherapy and Counseling-Kenneth S. Pope
2016-01-26 The ethics book no psychology student or professional
should be without Thoroughly updated and expanded to include
recent research findings, landmark legal decisions, the Hoffman
Investigation Report, and changes in the ethical guidelines of the
American Psychological Association and the Canadian
Psychological Association, the new 5th edition of Ethics in
Psychotherapy and Counseling covers the latest developments in
ethical thinking, standards, and practice. You'll learn how to
strengthen your ethical awareness, judgement, and decision-
making. Distinguished Emeritus Professor Don Meichenbaum
described the 5th edition as 'a MUST READ book for both
beginning and seasoned clinicians' and Professor David H. Barlow
wrote, 'A stunningly good book. . . . If there is only one book you
buy on ethics, this is the one.' Covers the many changes and
challenges brought about by new technology, EHRs,
videoconferencing, and texting, as well as practicing across state
and provincial borders Discusses moral distress and moral
courage Includes 5 chapters on different aspects of critical
Thinking about ethical challenges, including a chapter on 'Ethics Placebos, Cons, and Creative Cheating: A User's Guide' Deals with complex issue of culture, race, religion, sexual identity, sexual orientation, and politics Provides steps to strengthen ethics in organizations Offers guidance on responding to ethics, licensing, and malpractice complaints—not to imply that you'll need to after reading this book! Keeps the focus on practical, creative approaches to the responsibilities, challenges, and opportunities encountered by therapists and counselors in their work.

Managing Suicidal Risk-David A. Jobes 2006-01-01 Highly readable and user friendly, the volume builds on 15 years of empirically oriented clinical research. Book jacket."--BOOK JACKET.

Handbook of Psychology, Clinical Psychology-George Stricker 2003-01-07 Includes established theories and cutting-edge developments. Presents the work of an international group of experts. Presents the nature, origin, implications, an future course of major unresolved issues in the area.

The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults, Third Edition-American Psychiatric Association 2015-07-29 Since the publication of the Institute of Medicine (IOM) report Clinical Practice Guidelines We Can Trust in 2011, there has been an increasing emphasis on assuring that clinical practice guidelines are trustworthy, developed in a transparent fashion, and based on a systematic review of the available research evidence. To align with the IOM recommendations and to meet the new requirements for inclusion of a guideline in the National Guidelines Clearinghouse of the Agency for Healthcare Research and Quality (AHRQ), American Psychiatric Association (APA) has adopted a new process for practice guideline development. Under this new process APA's practice guidelines also seek to provide better clinical utility and usability. Rather than a broad overview of treatment for a
disorder, new practice guidelines focus on a set of discrete clinical questions of relevance to an overarching subject area. A systematic review of evidence is conducted to address these clinical questions and involves a detailed assessment of individual studies. The quality of the overall body of evidence is also rated and is summarized in the practice guideline. With the new process, recommendations are determined by weighing potential benefits and harms of an intervention in a specific clinical context. Clear, concise, and actionable recommendation statements help clinicians to incorporate recommendations into clinical practice, with the goal of improving quality of care. The new practice guideline format is also designed to be more user friendly by dividing information into modules on specific clinical questions. Each module has a consistent organization, which will assist users in finding clinically useful and relevant information quickly and easily. This new edition of the practice guidelines on psychiatric evaluation for adults is the first set of the APA's guidelines developed under the new guideline development process. These guidelines address the following nine topics, in the context of an initial psychiatric evaluation: review of psychiatric symptoms, trauma history, and treatment history; substance use assessment; assessment of suicide risk; assessment for risk of aggressive behaviors; assessment of cultural factors; assessment of medical health; quantitative assessment; involvement of the patient in treatment decision making; and documentation of the psychiatric evaluation. Each guideline recommends or suggests topics to include during an initial psychiatric evaluation. Findings from an expert opinion survey have also been taken into consideration in making recommendations or suggestions. In addition to reviewing the available evidence on psychiatry evaluation, each guideline also provides guidance to clinicians on implementing these recommendations to enhance patient care.

The Evolution of Cognitive Behavior Therapy-Donald Meichenbaum 2017-02-17 The Evolution of Cognitive Behavior
Therapy: A Personal and Professional Journey with Don Meichenbaum explores the "untold story" of how Cognitive Behavior Therapy emerged and discusses the controversies encountered along the way. This volume will feature a personal account of Don Meichenbaum's contributions from his initial work on self-instructional training with schizophrenics and impulsive children, through his work on stress inoculation training, and his most recent works with traumatized individuals. These previously published papers are complemented with updated papers and accompanying commentary.

Suicide Prevention Contracting-Stephen J. Edwards 2013-12-11
Suicide Prevention Contracting: The Pitfalls, Perils, and Seven Safer Alternatives demonstrates that suicide prevention contracting, a widely adopted but little-understood form of suicide prevention, is almost wholly counterproductive and potentially dangerous for both patients and the clinician attempting to assist them. Edwards and Goj make a compelling case for this alarming pronouncement and offer seven alternative procedures.

Clinical Risk Management-Steve Morgan 2000
Addiction Medicine-John B. Saunders 2016-08-18 Substance use and related addictive disorders rate amongst the top four risk factors contributing to the global burden of disease and form an increasingly important part of medical and healthcare practice. Substance use disorders can cause, mimic, underlie or complicate a large number of common medical and psychiatric disorders. Making a correct diagnosis of the substance use disorder can facilitate clinical diagnosis, avoid unnecessary tests, shorten the hospital stay and make the clinician's and patient's life easier and safer. Part of the successful Oxford Specialist Handbooks series, the second edition of Addiction Medicine is a concise and practical guide for students, practitioners of medicine and other health professions who come into contact with people with substance use disorders. Providing up-to-date practical
Suicide Risk Assessment And Response Guidelines

assessments, diagnosis, treatment and management options, this edition expands on the first edition through updated content and global coverage of addiction medicine. Edited by a global team of addiction specialists from multiple disciplines, Addiction Medicine, Second edition contains everything you need to know to assist in the assessment, diagnosis and clinical management of patients with substance use and related addictive disorders.

Cognition and Suicide-Thomas E. Ellis 2006 Although substantial resources have been expended on suicide research and prevention, suicide science remains in its infancy. This book brings together an impressive cast to bridge the gap between cognitive research and cognitive-behavioral practice relating to suicide.

Nonsuicidal Self-Injury-E. David Klonsky 2011 Nonsuicidal self-injury (NSSI) is a baffling, troubling, and hard to treat phenomenon that has increased markedly in recent years. Key issues in diagnosing and treating NSSI adequately include differentiating it from attempted suicide and other mental disorders, as well as understanding the motivations for self-injury and the context in which it occurs. This accessible and practical book provides therapists and students with a clear understanding of these key issues, as well as of suitable assessment techniques. It then goes on to delineate research-informed treatment approaches for NSSI, with an emphasis on functional assessment, emotion regulation, and problem solving, including motivational interviewing, interpersonal skills, CBT, DBT, behavioral management strategies, delay behaviors, exercise, family therapy, risk management, and medication, as well as how to successfully combine methods.

Treating Suicidal Behavior-M. David Rudd 2004-07-26 This manual provides an empirically supported approach to treating suicidality that is specifically tailored to todays managed care environment. Structured yet flexible, the model is fully compatible with current best practice standards. The authors
establish the empirical and theoretical foundations for time-limited treatment and describe the specific tasks involved in assessment and intervention. The book then details effective ways to conduct a rapid case conceptualization and outpatient risk assessment, determine and implement individualized treatment targets, and monitor treatment outcomes. Outlined are clear-cut intervention techniques that focus on symptom management, restructuring the patients suicidal belief system, and building such key skills as interpersonal assertiveness, distress tolerance, and problem solving. Other topics covered include the role of the therapeutic relationship, applications to group work and longer-term therapy, the use of medications, patient selection, and termination of treatment. Illustrated with helpful clinical examples, the book features numerous table, figures, and sample handouts and forms, some of which may be reproduced for professional use.

Suicide Risk Management-Stanley P. Kutcher 2008-04-15

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